

# Border City Ball Hockey Player Guide

## PENALTY LENGTHS

**Misconduct** 10 minutes in length with game ejection  
**Major** 5 minutes in length with game ejection  
**Minor** 30 seconds in length or until scored upon

## MAJOR PENALTIES & MISCONDUCTS

**Fighting** Any attempt to throw a punch towards another player with the intent to harm will be deemed fighting and will result in a major penalty with a game ejection. Suspensions may also occur if deemed necessary by the Board of Governors.

**Slash with intent to injure** Any slash which is deemed harmful or excessive with the intent to harm will be a major penalty with a game ejection. Suspensions may also occur if deemed necessary by the Board of Governors.

**Unsportsmanlike Conduct (Verbal Assault)** Verbally assaulting a referee will result in a major penalty and game ejection.

## MINOR PENALTIES

**Slashing** Slashing is the act of swinging a stick towards an opponent whether contact is made or not. Non-aggressive stick contact will not be called. Any forceful or powerful chop with the stick on an opponents body, stick or near the hands that is not an attempt to play the ball will be called minor penalty.

**High Sticking** The act of a player making an attempt to make contact with another player or the ball above the players chest. Two high sticking calls will result in a minor penalty. Contact with a player will result in an immediate minor penalty.

**Tripping** Two tripping calls will result in a minor penalty.

## CHANGE OF POSSESSION

**Occupying Goalies Crease** Players cannot occupy the goalies crease for more than 3 seconds during play when the ball is not in play in the crease.

**Slap Shots** Slap shots above the chest (before half in the defensive zone) or above the waist (in the offensive zone) with an excessive wind up as well as follow through will result in a change of possession.

**High Sticking** High sticking without contact to a player will result in a change of possession. If contact with a player is made, a minor penalty will be assessed.

**Tripping** Tripping an opponent will result in a change of possession.

**Excessive rough play** near corners and walls will result in a change of possession in favor of the individual deemed by the referees.

## BOARD OF GOVERNORS

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